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dentale

Caring for your dental implants



Looking after your new smile



You have made a significant investment in your smile and we want you to enjoy the benefits for many years to come. Now that you have completed your treatment, it is important that you care for your implants in order to get the best long term results.

It is important that your dental implants are checked by your dentist regularly just like natural teeth. We recommend that a dentist checks your teeth and implants at least once a year to ensure that they are maintained.

In addition to your regular dental checks, we would like to offer you some oral health advice you can implement yourself at home.

Brushing

It is best that a medium nylon bristle brush is used to keep your dental implants and gums healthy. You should pay particular attention to the area where the tooth / implant meets the gum line as this is an area where plaque can build up and cause inflammation or other conditions that can affect the health of the supporting tissues.

Crowns and Bridges

To keep areas clean that are difficult to reach with tooth brushing alone, we recommend the use of interdental brushes or special dental floss that is designed for use around crown and bridgework. The areas most likely to require this attention are the spaces in between the teeth or underneath bridges.



Implant Retained Dentures

Keeping both your implants and your dentures clean is very important. Your dentures may be retained either by a bar or by little studs called anchors or abutments which remain in your mouth even when you remove your denture. Efficient cleaning of both a bar and denture anchors can be achieved by brushing alone, although, the use of the correct size interdental brush can be adopted for use underneath a bar. When cleaning denture anchors a circular motion is a good technique to ensure that these are kept clean.

We recommend that you remove your dentures at night and clean them using a denture brush and toothpaste paying particular attention to the surface of the denture that is in contact with your gums. Your denture should then be stored overnight in water to prevent it from drying out. You should avoid the use of products that contain chemicals to clean your dentures as these can affect the denture by discolouring the plastic and metal structures.



If you would like any further advice on the maintenance of your dental implants, crowns, bridges or dentures, you can speak to a member of our team or alternatively arrange an appointment with a hygienist or oral health educator. If you have any problems or concerns with any of your implants, please do not hesitate to contact us and we will be happy to arrange an appointment for you to be seen by one of our dentists.

Thank you for choosing Dentale to provide your treatment.

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